

**PROPOSED CYCLE RIDE:  
PORTHCAWL WEST**

1. **START:** at entrance to Fun Fair, Coney Beach (dismount along prom). Turn L into Carpark (Mackworth Road), R along New Rd! Busy!

2. Just after Queens Dv; L onto foot path, L along The Mercies, R Woodlands

3. Over A4106 !!! Newton-Nottage Rd, into Zig-zag Rd

Talk to the horses and donkeys: along here are many stables and fields for horses, including where the beach donkeys rest. Pleasant narrow country lane, safe.

4. At end of Zig-zag Rd L then R along A4229!!! Very busy!! So it may be best to use footpath. Straight over roundabout through Sth Cornelly.

Wonderful views of Grove golf course (refreshments) and over Swansea Bay. Can you see Somerset? Can you see the mast about 2 miles out for the proposed wind-farm? In South Cornelly: The 3 Horseshoes pub.

5. L at mini-roundabout up Heol-y-Broom.

Once over the road-bridge, you pass along a quiet narrow country lane. Wide views to sea (over Pyle & Kenfig golf course), but best of all up to Margam Park with Mynydd Margam behind. You can't miss the five plantations (said to spell out 'Bevan')!

6. L in Maudlam village, on to Church.

As well as this lovely old church, the pub next-door The Angel boasts fantastic views over the Kenfig Dunes (and the steel works) Can you see Kenfig sticking out of the sand?

7. L at Maudlam along a minor main road. Speed limited road, but busy!

Historic old pub-The Prince of Wales. Fine displays inside tell of the history of this building as well the wrecks along this coast.

8. Kenfig Nature Reserve: Just off the main road, well signposted.

Displays, information, refreshments. The Kenfig Nature Reserve covers a huge area of the dunes and includes Kenfig pool. Lots to find out about and explore here.

(For the more adventurous, this can be a starting point for a cycle through the dunes using the bridlepaths. You can get down to Morfa beach, and if the tide is out cycle for miles along it.)

9. The road continues through P&K golf course down into Porthcawl district. Turn R into Anglesey Way.

Just past the clubhouse is an Adventure Park where you can abseil, go-kart etc.

10. Just after Grassholm Way, R onto footpath (dismount) down to Rest Bay carpark. (You can also continue along Anglesey Rd, R into Sandpiper Rd, R in Curlew Road, R into Curlew Close then out the end to carpark.)

Stunning sea-views all the way back to the harbour in Porthcawl!

11. From Rest Bay along Locks Common, R onto Mallard Way which becomes West Drive. Signs forbid cycling on the promenade, so stay on the road.

12. Porthcawl Harbour. END

Distance: 15km (10miles)  
Difficulty: Easy  
Mostly: Country Lanes/Speed Limited Roads

